



# P. N. DAS COLLEGE

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**NAAC ACCREDITED - 2016**

Ref.: .....

Date .....

## *Summary Report*

of

### **36- Hours Add-on Certificate Course on Self- Defence (Karate) 2021-22**

The 36-hours Add-on Certificate Course on Self-Defence (Karate) was started by the IQAC, P.N. Das College in collaboration with West Bengal Nanbudo Association Karate Do-School, Rahara, Kolkata on 08<sup>th</sup> March 2022, the International Women's Day, primarily as life skill training on martial arts for the girl students. With the increasing empowerment of women in the society and with their greater participation in the workforce and educational institutions, the women today are also facing an alarming increase in crimes against them. To address this issue, the college in active encouragement from the government, offered this course to the students.

A total of 48 students registered for the course which was conducted between 08.03.2022 to 30.04.2022 on every Tuesdays, Thursdays and Saturdays. A course-ending examination was conducted wherein all 48 students cleared the examination in the session 2021-22.

*(Signature)*  
10/6/23

Principal  
**P.N. Das College**  
Palta, Bengal Enamel, N. 24 Pgs.